

**Mecca - The Poetic Period**

Title	Surah #	Arabic Title	Verse Range
One Who is Mantled	74	Al-Muddaththir	1-56
The Backbiter	104	Al-Humazah	1-9
Support	107	Al-Ma'un	1-7
The Night	92	Al-Layl	1-21
The Country	90	Al-Balad	1-20
The Splendor of Morning	93	Ad-Duha	1-11
The Measurement	94	Ash-Sharh	1-8
The Night-Comer	86	At-Tariq	1-17
The Sun	91	Ash-Shams	1-15
He Frowned	80	Abasa	1-42
The Most High	87	Al-A'la	1-19
The Fig	95	At-Tin	1-8
The Clusters of Stars	85	Al-Buruj	1-22
The Wrapped Up	73	Al-Muzzammil	1-20
The Smiting	101	Al-Qari'ah	1-11
The Quaking	99	Az-Zalzalah	1-8
The Rending Asunder	82	Al-Infitar	1-19
The Wrapping	81	At-Takwir	1-29
The Rending Asunder	84	Al-Inshiqaq	1-25
The Chargers	100	Al-'Adiyat	1-11
The News	78	An-Naba'	1-40
The Overshadowing Event	88	Al-Ghashiyah	1-26
The Daybreak	89	Al-Fajr	1-30
[Resurrection...]	75	Al-Qiyamah	1-40
The Fact	56	Al-Waqi'ah	1-96
The Ascents	70	Al-Ma'arij	1-44
The Merciful	55	Ar-Rahman	1-78

**Mecca - The Rhetorical Period**

Title	Surah #	Arabic Title	Verse Range
The Moon	54	Al-Qamar	1-55
Noah	71	Nuh	1-28
The Time	76	Al-Insan	1-31
K.	50	Qaf	1-45
The Rock	15	Al-Hijr	1-99
Y. S.	36	Ya-Sin	1-83
The Jinn	72	Al-Jinn	1-28
The Kingdom	67	Al-Mulk	1-30
The Children of Israel	17	Al-Isra'	1-111

### Mecca - The Argumentative Period

Title	Surah #	Arabic Title	Verse Range
The Believer	40	Ghafir	1–85
[The Sources]	42	Ash-Shura	1–53
[Adam and Eve]	7	Al-A'raf	11–25
[Abel and Cain]	5	Al-Ma'idah	27–32
[Noah and the Flood]	11	Hud	25–49
['Ad and Thamud]	7	Al-A'raf	65–79
[Dhu-l-Karneyn]	18	Al-Kahf	83–101
[Abraham...]	14	Ibrahim	35–41
[Jacob, Joseph...]	12	Yusuf	1–111
[Job]	38	Sad	41–44
[Sho'eyb]	7	Al-A'raf	85–93
Jonah	10	Yunus	1–109
[Moses and his People]	7	Al-A'raf	103–156
[Saul, David...]	2	Al-Baqarah	246–251
[Ezra]	9	At-Tawbah	30
[The Messiah]	19	Maryam	1–98
[God the Creator]	35	Fatir	1–45
[The Parapets]	7	Al-A'raf	1–206
[The Cattle]	6	Al-An'am	1–165
The Thunder	13	Ar-Ra'd	1–43

### Medina - The Period of Harangue

Title	Surah #	Arabic Title	Verse Range
[The Laws]	2	Al-Baqarah	178–286 (selections)
[The Women]	4	An-Nisa'	1–176
[The Food]	5	Al-Ma'idah	1–120
Deception	64	At-Taghabun	1–18
Iron	57	Al-Hadid	1–29
[The Repentance]	9	At-Tawbah	1–129
The Victory	48	Al-Fath	1–29
Help	110	An-Nasr	1–3

Please Note: This was made quickly with an LLM, I spot checked a few and they were correct, but I doubt all of them are correct. Please let me know where there are errors!

A PDF and the .xlsx file are available at:

<https://jklideas.com/quran-chapter-numbers/>